

presents



***Dance & movement
therapy***

**taster session
by**

***Ms Sarah Vella
SLP & Dance therapist***

Date: Friday 1st March 2019

Time: Session 1 3:00 pm

OR

Session 2 4:00 pm

**For children with ASD,
attention difficulties,
learning Difficulties, Down
syndrome**

5 children per group

Venue: Sala Papa Gwanni Pawlu, St Julians Parish, St Julians

Ages: 3-6 years

Price: €12

Booking on info@aslpmalta.org / 79427660



Dance and movement therapy ...

is a psychotherapeutic tool that uses dance and movement as its main medium. These sessions will be aimed at enhancing social skills through movement games and exercises. They offer a space of interaction in which we will also work on improving the children's wellbeing, expression of emotions, social competence and border perception between self and others, amongst other skills. Most importantly, these areas will be targeted in a fun, playful manner.

Sarah Vella...

is a dance artist, speech therapist and dance therapist from Malta, currently based in Berlin. She has completed her studies at the University of Malta, Laban Conservatoire of Dance in London and Tanztherapie Zentrum Berlin. She has been working as a dancer and therapist for the past 7 years in Berlin, Malta and abroad. Apart from that, throughout the past year, her focus has been on working with children with ASD and other special needs through the medium of dance and movement.