As the winter weather makes its presence more felt, one finds more than one excuse to stay indoors. Many have already opened those Christmas decorations and after a busy week, you decide to sip that good glass of wine with some relaxing background music as you let yourself being cradled by the warm Christmas tree lights. Without knowing, you are already down memory lane. The childhood memories come surfacing back, that sweet sensation of a free spirit, those games we used to play, that invincible inner power and those dreams, which some may still need their space to grow.

The adult of today is the mirror of the child of yesterday. Where has that child within us gone? That little child whose only worry was how to fly a kite? That little child whose only mission was to save even that tiny struggling ant? We grow. We start growing that extra skin layer to suppress any emotion that may reveal our weakness. We grow. We hurt. We suppress. We become adults. Yet, when we slow down and we find our intimate pure child soul once again, we want to go back to what it was, what we were.

It may not be physically possible to do so but we can still pass on those values to our future generations. We can still seed in them the love for living, the fighting soul for what is right, to never forget others, the thirst for knowledge, the freedom to be unique. Let us all be vivid and not lose hope that nurturing our future generation is another way to keep the child within us alive!

Now, while you enjoy reading, let me share with you this warm video of young talents and hope for a better future!
WEBINAR

The SLT role in assessment of decision-making capacity

Exploring the complexities of the SLP’s role in assessing the mental capacity of people with speech, language and communication needs.

Target audience: SLPs, health and social care professionals working with adults.

Thursday, 26th Nov
6pm Malta / 5pm UK

Speaker: Dr Mark Jayes
Research Fellow in Communication Disability, Manchester Metropolitan University, UK

Members: Free
Non-members: €2.00
Limited number of participants
Book your place: info@aslpmalta.org

Online event
Wear one Christmas item

16 DEC
19:00

SLP Trivia Night

For ASLP members only. Bookings info@aslpmalta.org
As the global pandemic continues to hit our shores, worldwide, we continue to discover the extensions of its effects. Children were highly affected on different levels, particularly ones coming from poorer countries. In this article, UNICEF, shares how our future generations will be affected, with some effects being also lifelong ones.

“Celebrating your child’s success is an incredible way to nourish and encourage their progress and growth”

In this article, we will be taking a closer look on how important it is to celebrate our children’s successes. Different, practical and easy tips are provided in this remarkable article.
In this new corner, Let’s be Vivid will be exploring the different settings in which the role of a Speech Language Pathologist is part of its successful multidisciplinary team.

Last month, October, was World Stroke awareness month. Let’s be Vivid wants to dedicate this first issue to the rehabilitation hospitals which host the majority of the individuals who after suffering a stroke will need the tender loving care attention of the different professionals involved, among which the Speech Language Pathologist. Ms. Gabrielle Ransley, Speech Language Pathologist, team member of the stroke unit shared her experiences with these patients in this very interesting article. 

Gabrielle Ransley graduated as a speech and language pathologist in 1999. She obtained her masters degree in Human Communications, in 2001, from City University of London. She worked with a paediatric caseload and researched early intervention and literacy development. She also followed specialized training courses in dysphagia and adult rehabilitation. Since 2016, Gabrielle has been part of the stroke unit team which was set up to provide intense and specialised care to stroke survivors specifically targeting swallowing and acquired communication difficulties.
World Children’s Day 2020: Join our #voicesofyouth illustration challenge!

We invite all the kids out there to participate in this challenge and share with us your creative drawings. Follow this link for more information. This challenge is open for 13-24 year olds but ASLP is inviting all those children who want to participate! Let's celebrate all kids and the joy they bring along! You may send us your drawings on info@aslpmalta.org. All the drawings sent by mid-December will feature in the special December issue of Let's be Vivid.
Let’s meet... ALEXANDRA AMEEN

Name & Surname: Alexandra Ameen
Status: Married
Children: 4 children

Q. When did you graduate and how long have you been involved in ASLP?
Graduated in 1997. Been in the committee since then.

Q. What is/were your roles in ASLP?
Initially as committee member then as treasurer in 2010.

Q. What is ASLP for you or what drew you to ASLP?
Being involved in ASLP meant getting to know, being in contact with all SLPs members in the association and those who aren’t but they participate in our activities. Its voluntary, so you have to be ready to dedicate a considerable amount of time for it. Being involved also means working closely with the other members of the committee. Throughout these 23 years on the committee I can consider myself being fortunate enough to have worked with SLPs who have their profession at heart. Good teamwork is really what keeps you going.

Q. What is your area of special interest in SLP?
Dysphagia (eating and swallowing difficulties) in Adults.

Q. What do you like most about being a SLP?
Being an SLP has given me so far great satisfaction, whether it is in training other professionals, trying my utmost, to the best of my ability to ensure safety for my clients and at the same time keeping in mind that eating and drinking is one of the pleasures of life. We as SLPs are part of a multidisciplinary team always with the aim of giving our 100 per cent for our clients.

Q. What are your non-SLP skills?
Non SLP skills? I try to be a good cook. But my husband still manages to cook better.

Q. What are your hobbies?
A Learning to play Classical Guitar and Music Theory.
RESOURCES FOR SLPs, PARENTS and KIDS

Boredom Busters: 110 Fun At-Home Activities for Families & Kids

10 Hands-On Nature Activities for Kids

8 Fun Breathing exercises for kids

INSPIRATIONAL QUOTE

“You know you're a success when you look at your kids and realise they turned out better than you” Joe Biden, US President Elect